

# JOEY Jnr

## "It's not Big and it's not Clever"

The monthly club Newsletter of the Harvel Hash House Harriers

The Drinking Club with the Running Problem!

November 2005 - Issue 2

**Dear Fellow Runners/Hashers** - Another month has passed so here's the second issue of Joey, still not that funny but am working on it! - Ed

### MAIDSTONE HALF MARATHON

Sunday 23rd October saw the challenging and very hilly Maidstone Half Marathon. (thank goodness they didn't hold it in July!!!) Seven of Harvel's elite took up the challenge of taking on some of Kent's finest. PB's from **Duracell**, **Shaggy**, **Mole** and **Iron Man** plus a fantastic performance from **Fish** who ran his first Half Marathon dipping under the two hour mark. Maidstone also saw a titanic battle between Popeye and one of our new recruits fireman Steve Dunn (Club name to be **Hose-a**). After Popeye led for much of the 13 miles, **Hose-a** gradually reeled (nice pun - Ed) **Popeye** in and made his move sprinting past him over last 100 metres. However, as the line drew nearer Popeye made once last kick and pipped **Hose-a** on the line - what drama!!! (Obviously didn't try hard enough over the last 13 miles if they had that much energy at the end - Ed). An excellent club turnout and performance for a local race - well done to everyone who took part!! Results below:-

125 1:40:46 Popeye  
126 1:40:48 Hose-a  
311 1:57:26 Duracel (PB)  
312 1:57:27 Fish (PB)  
437 2:22:10 Shaggy (PB)  
439 2:22:20 Mole (PB)  
444 2:24:23 Iron Man (PB)  
463 Runners

**Ironman** was well happy with his performance at Maidstone managing to run the first 10 miles without stopping in 1:46 (10.5 minutes miles), a PB for that distance. The last three miles were a killer and the pace dropped to over 12 minutes miles! Considering he was drinking until 2.30am in the morning and only had a few hours sleep it was not a bad effort!

**NEXT HASH Sunday 6<sup>th</sup> November - Hopefully a 'back to basics' hash, hared by Padge & Pitch On On 11.30am - Amazon & Tiger**

**Next Club Meeting.** This will be in the village hall on the first Tuesday of the month starting at 9.15pm. The meetings are to be chaired by Padge (Club Chairman) & Popeye (Captain). The meeting is to discuss such issues as training, racing, social events, etc Next meeting is **TUESDAY 1<sup>st</sup> NOVEMBER 2005 9.15pm**

**WINTER TRAINING** The proposed night runs are - Kings Hill - 3.7 miles flat Starting Asda Car park. Gravesend - 3.4 miles flat Starting Cascades Car park. Blue water - 3.2 miles with hill reps Marks & Spencer Car park. Rochester- 3.6 miles With one hill Esplanade by castle. All these runs are lit and safe we normally do two laps but it is up you what you do! If any can come up with any others that would be great! To check which runs we are doing on Tues please call **Padge** on 01732 823060 or mob 07885 804 092 Start times 7.30pm.

**TRACK NIGHT** - Thursday Nights - 6pm at the Harvel Village Hall or 6.30pm at Central Park Arena in Dartford For more details please contact **Popeye or Wizard**.

**SUNDAY TRAINING** - Sunday mornings starting between 8.30 am and 9.30 am depending on distance (start time confirmed by email) For more details please contact **Popeye or Humpty**

## **HARVEL HANDICAP 5 - 11<sup>th</sup> DECEMBER 2005 (10am)**

Just one more race in the current series. As the maximum points per race is 35, first and second place have already been decided. With **Ironman** winning!! (Is that more to do with him turning up for every race? - Ed) and **Humpty** in a close second. However 3<sup>rd</sup> place is still up for grabs, those in contention are **Rocky, Token Totty, Popeye, Hareflick** and **Duracell**. Trophies will be presented for the first three places on the 11<sup>th</sup> December. There will also be a spot prize for anyone else who entered during the year ... but you will need to be there in December to win it!

Next year the HH5 will start again, Popeye has a new route. First race will be Sunday 4<sup>th</sup> February 2006 at 10am, meeting on the Harvel Green.

## **FORTHCOMING RACES/EVENTS**

29<sup>th</sup> October - Halloween Party 7.30pm HVH

6th November - Harvel Hash 11.30 am

**4th December - Thanet Coastal 10m 10am**

11th December - Handicap Harvel 5 10am

7th January - Harvel Hash 11.30 am

14th January - Club annual dinner

## **HAVE WE A CLUB DRINK PROBLEM ?!**

Real men drink beer. Period. Obviously, real men don't have to consume alcohol, but I am concerned about the growing tolerance men have for "girly drinks." Although I am not a man, as a bartender in the state of Pennsylvania I think I am qualified to say this. This summer while serving alcohol, I had a disturbing number of men order drinks like Smirnoff Ices, Mike's Hard Lemonade, Bay Breezes and Bacardi O with Diet Coke. I'm sorry, guys, but to me this is socially unacceptable. If you consider yourself a man, and you choose to drink, you should strive to drink in the manliest way possible.

Real men drink beer, and not carb-conscious fake beer beverages like Aspen Edge and Michelob Ultra. Low-carb beer is about as manly as two

guys sharing a large floral umbrella. Particularly in college, the unique flavor of a Natty Lite or Keystone should not be undervalued. As you develop into real men, you should be embracing the man's choice beverage - beer.

Real men drink beer, or maybe a tough, harsh, feel-it-in-your-toes sort of liquor. Swigging tequila, Southern Comfort, whiskey or vodka - preferably straight out of the bottle, with no chaser - proclaims the feats of strength and character you can perform. Note that manly liquors do not include peach schnapps, Malibu rum or anything fruit-flavored. Ever.

Real men drink beer, whether in crowded bars, smuggled into dorms in backpacks or via the always-inspiring keg stand. They can play games like kings, flipcup, and Beirut, also known as beer pong. They can also have case races - the ultimate test of drinking strength and endurance - the marathon of beer. Although drinking games can be hazardous to your health, in an appropriate context the real man should be able to enjoy and, hopefully, be competitive at the table. There's a reason it's beer pong and not Mike's Hard Lemonade pong. That same Mike's Hard Lemonade has attempted to give men an alternative to beer, with a slick ad campaign and minimalist packaging. I blame this on the metrosexual movement, which has destroyed our modern concept of manhood. Why do men wear pink? This is a concept that baffles me. Pink is not a manly color. Pink is about as manly as two guys having salads for lunch together while watching *Sex and the City*. What's next? Men having manicures? Men wearing makeup? Men drinking Cosmopolitans while reading *Cosmopolitan*? Have they no shame?

I realize that if someone wrote a similarly gender-biased column - like about how women shouldn't watch football - I'd probably be offended. Also, I'm not telling people that they need to drink to be manly. I'm just taking a stand and saying that I expect men friends to drink like a Natty Ice champion today.

**NEW CLUB NAME** - Jeff White - **Vamp** (Because he sleeps all day and only goes out at night!)

**POSTMAN PAT** - As I (**Wizard**) rushed out the door on Sunday with Isla, heading for a beer at the Ammy, **Duracell**, unbeknown to me, gave Isla a large envelope and told her this was mum's Maidstone 1/2 marathon application form and not to forget to post it for her.

Later that evening Duracell checked with Isla that she had definitely posted it and Isla assured her she had. So it was a great surprise to Duracell to find this very envelope with a Maidstone address on it, in our post box Monday night, with the rest of our post. I think Isla may need a little more explanation as to how the post really works!!!

**HASH T-SHIRTS** - It has been suggested to hold a competition for a NEW HASH T-SHIRT DESIGN. Please send **Wizard** or **Ironman** any entries. The winning entry will be chosen by the committee at the December club meeting

**TEA BAGGING** - What that all about? At one of Ironman's many summer parties this year, for some unknown reason, the subject of "tea-bagging" came up. The only people who were aware of this saying were **Landlord's bit of Stuff** and **Vamp**. Anyway tea-bagging is a term for sucking bollocks ... because evidently this is like sucking a teabag. **Tadge** was asked if this was true and replied "I don't know I've never sucked a teabag!" (Implying ... well make up your own mind! - Ed)

**KIT** - Now have 8 (6 large & 2 small) blue training tops in stock, cost £15. Also H4 woolly hats @ £5 and a stock of running vests at £10.

**WEBSITE** - Check it out at [www.HarvelH3.org](http://www.HarvelH3.org) If you search 'Google' for 'Harvel', UK pages only - Harvel H4 is first in the list !

**QUOTES** - Could people say more stupid things so I can include them in Joey!

**NEXT ISSUE** -. Any other articles to the Editor by 25th November.

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