

## THE HARVEL 5 – RUNNERS' COMMENTS VIA RUNNERS' WORLD WEBSITE

Really enjoyed yesterday - a PB of 32:17 on the watch, taking 1:20 off the previous best, was hoping for a 32:30 so delighted with it, and the results have just gone up and it seems I've finished in that loveliest of positions... 69th 🏆

If I could recommend one event to newcomers this would be it - was a very friendly atmosphere and certainly worth the 100-mile round trip from Hastings.

Round of applause for the organisers, was a brilliant event in a gorgeous location, you should all give yourselves a pat on the back!

Well I really enjoyed the race; I got a PB 40.52 by my watch. In fact this was the shortest race I have run; I have only done Marathons and Half Marathons before so this was a great chance to see how fast I could run.

I thought the course was great with a mixture of road and off road paths. The course was nicely undulating with only one short hill at 3 miles.

I thought the atmosphere was good and the marshalls friendly.

Overall I thought it was a good afternoon and will definitely doing it again next year 😊

I ran this race for the first time yesterday (39.49 by my watch) and was very impressed with the atmosphere, race route through Trottscliffe Country Park (great views) and of course the innovation of a beer tent at the end! Even the weather was kind.

I would have tried the beer en route option as well if there had been a few gulps ready to go in a plastic cup, but the whole thing looked a bit too complicated (and time consuming) at the drinks station - perhaps one for the HHH's to think of for next year? Who needs the Medoc Marathon anyway?

The only other slight fly in the ointment was the narrow lanes getting into Harvel, which got clogged up half an hour before the start, but given the popularity of this race and the isolated nature of this pretty village I'm not surprised and it all got sorted eventually. If the continued popularity of this race leads to bigger fields taking part, perhaps a temporary one way system in and out of Harvel up to 1.45pm when the roads are closed could address this (i.e. in along Harvel Lane, out down White Horse Lane).

All in all very enjoyable!

**In full:** I enjoyed the run immensely despite doing a poor time. However I have just started running again due to prolonged injury problems so it was a great race for me to ease my way back into competitive races. I thought the setting & atmosphere were excellent. I would definitely recommend the Harvel 5 to anybody.

**In short:** Great village atmosphere with green, stalls etc, crowded course especially early on. Challenging in places. Very like the Weald 10k in September

**In short:** Challenging off road section but really enjoyable.

**In short:** Well done HHH and looking forward to seeing you all at the (very similar) Weald 10k 6 September

**In short:** Excellent race

**In full:** Shame about the timing!

**In short:** A pleasant way to spend a Saturday afternoon

**In full:** A very well organised event with a friendly atmosphere.

**In short:** this was my 1st race, and really enjoyed it

**In short:** Really enjoyed this race, highly recommended

**In full:** Did this race after reading other runners reviews on this website. Would really recommend it, lovely location, well organised and well supported event, did a pb which was great. Loved the jelly babies half way round and the cakes at the end.

**In short:** It is omisable.

**In full:** Please see my previous ratings, this year was the same or better.

I took my elderly mother to see me run for the first time, a marshal seeing her age arranged parking closer to the start, a nice gesture and unprompted.

Cooler conditions this year, a big PB.

Very happy to win a cup in front of Mum.

I'm sorry if you missed this race, better luck next year.

**In short:** This is a real special race love it love it love it :)

**In full:** I love this race because it has a great atmosphere everyone is friendly....did a PB must have been the thought of the chocolate cake that I had reserved at the end waiting for me that made me run faster....be back next year.

**In short:** A lovely afternoon in the country!

**In full:** I thought this sounded like a 'nice race' and I was not disappointed. The run through the forest was glorious and the traffic free country lanes were a bonus! Well organised, great cakes at the end & friendly atmosphere and marshals. Well done HHH, will be back next year for sure.

**In short:** As usual H3 put on their excellent show!

**In full:** Sixth year for me and it never fails to lift the spirits with the atmosphere and slick organisation. I did not stop for a beer at the half way this time as I was on for a PB. See you next year Harvel.

**In short:** excellent race yet again

**In full:** my 3rd time at Harvel for this jewel in the countryside. well worth the trip down the m20 from London. Great to be in the woods, well marshalled and thanks for popping on the clock mistake on the website v quick. PB for me anyway for this distance. Beer on the village green after....!!

**In short:** Love this race- always get a nice glowing feeling afterwards!

**In short:** love love love this race!

**In full:** my fav. race ever. full stop.  
sort the clock out next year though!!

**In short:** Always a pleasure to do

**In full:** I missed last year so it was good to return again. Always well organised and always very enjoyable. Great jelly babies too.

**In short:** Scenic, friendly and fun

**In full:** Back for the second time and loved it again. Such a lovely part of the world and a welcoming race and fun for everyone. Great marshalling and organisation. Only request is for more portaloos but that's minor. See you again next year.

**In short:** Whether you're fast or slow don't miss this one. Nice 'village green' atmosphere at the finish and loads of people still around for the prize giving.

**In short:** Superbly organised and a great time to hold the race also

**In short:** Very friendly race

**In short:** 40th birthday treat

**In full:** Ran this race on my 40th, was given that number as my race no.

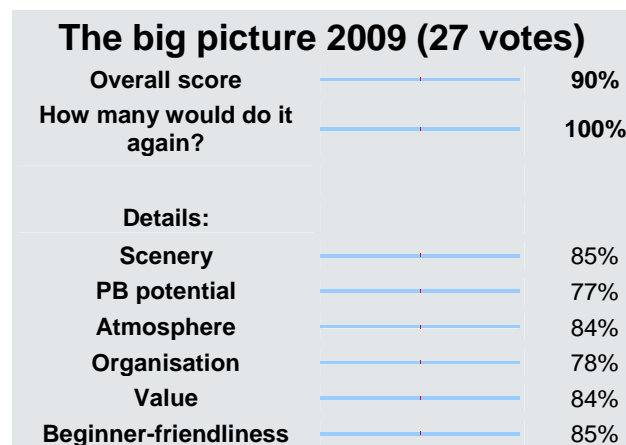
**In short:** Well organised as usual, my wife loved the chocolate cake she eat as I ran around. Interesting and challenging course, friendly marshalls, see you next year.

**In short:** Another Great Harvel Run

**In full:** 2nd time and even better than the first. My running partner fell during the race but this did not stop us knocking 10 mins of last years time. It did help that I was not carry a leg injury this year. Fab time and he really appreciates the beer! The cake stall let us girls buy cake and put it by for us at the finish. Wonderful fun and will do it again next year. Thanks to all involved.

**In short:** Friendly 5miler

**In full:** Only issue this was the chaos getting to and from the car park from the A227. Need more marshals here or make the road one way !



So 27 rating this year (25 last year)